



UnitedHealthcare Pharmacy
Clinical Pharmacy Programs

Program Number	2025 P 2069-17
Program	Prior Authorization/Non-Formulary
Medication	Abbott Diabetic Meters (e.g. FreeStyle Freedom Lite, FreeStyle InsuLinx, FreeStyle Lite, FreeStyle Neo, Precision Xtra,) Abbott Test Strips (e.g. FreeStyle Insulinx, FreeStyle Lite, FreeStyle, FreeStyle Precision Neo, Precision Xtra), Ascensia Diabetic Meters, excluding Contour Next and Contour Plus Blue Meters* (e.g. Contour, Contour Next Link), Ascensia Test Strips, excluding Contour Next* Test Strips (e.g. Contour) and Contour Plus* Test Strips, Lifescan Diabetic Meters (e.g. OneTouch Verio), Lifescan Test Strips (e.g. OneTouch Verio, OneTouch Ultra), Roche Diabetic Meters, excluding Accu-Chek Guide* and Accu-Chek Guide Me* (e.g. Accu-Chek Aviva Plus), Roche Test Strips, excluding Accu-Chek Guide* (e.g. Accu-Chek Aviva Plus, Accu-Chek Smartview)
P&T Approval Date	10/2015, 10/2016, 10/2017, 3/2018, 6/2018, 2/2019, 3/2020, 7/2020, 9/2020, 10/2020, 2/2021, 7/2021, 2/2022, 3/2023, 3/2024, 4/2025, 8/2025
Effective Date	11/1/2025

1. Background:

The American Diabetes Association (ADA) recommends routine blood glucose monitoring in patients using insulin therapy. The ADA also notes that blood glucose monitoring may be helpful to guide treatment decisions for patients using noninsulin therapies. The ADA does not differentiate between brands of diabetic meters or test strips in their recommendation.

This program allows coverage of non-preferred test strips if utilization of a preferred meter/test strip is unsafe, inaccurate or not feasible.

2. Coverage Criteria^{a,b}:

A. Test Strips and Meters (excluding Accu-Chek Guide, Accu-Chek Guide Me, Contour Next and Contour Plus Blue*) will be approved based on the following:**

1. Submission of medical records documenting a physical or mental limitation that makes utilization of **one** of the following diabetic meters/test strips product unsafe, inaccurate or otherwise not feasible (e.g. manual dexterity):
 - a. Contour Next Meter (Contour Next Test Strips)
 - b. Contour Next One Meter (Contour Next Test Strips)
 - c. Contour Next EZ Meter (Contour Next Test Strips)
 - d. Contour Next Gen Meter (Contour Next Test Strips)
 - e. Contour Plus Blue Meter (Contour Plus Test Strips)
 - f. Accu-Chek Guide Meter (Accu-Chek Guide Test Strips)
 - g. Accu-Chek Guide Me Meter (Accu-Chek Guide Test Strips)

Authorization will be issued for 12 months.

- ^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.
- ^b In Florida, Maine, Tennessee, and Texas only, diabetes medications may be approved based on both of the following: 1) Provider attests use of this product is medically necessary; and- 2) If applicable, clinical characteristics exist that preclude the use of the covered preferred alternative(s) and use of the covered preferred alternative(s) could result in worsening of patient’s condition or inadequate treatment (document alternatives and clinical information related to worsening/inadequate treatment).

3. Additional Clinical Rules:

- Notwithstanding Coverage Criteria, UnitedHealthcare may approve initial and re-authorization based solely on previous claim/medication history, diagnosis codes (ICD-10) and/or claim logic. Use of automated approval and re-approval processes varies by program and/or therapeutic class.
- Supply limitations may be in place.

*Accu-Chek Guide Meter, Accu-Chek Guide Me Meter, Accu-Chek Guide test strips, Contour Next test strips, Contour Next Meter, Contour Next Gen Meter, Contour Next One Meter, Contour Next EZ Meter, Contour Plus test strips and Contour Plus Blue meter are covered without prior authorization/non-formulary review.

**Typically excluded from coverage.

4. References:

1. American Diabetes Association. Standard of Medical Care in Diabetes - 2025. Diabetes Care 2025;48 (Supplement 1).

Program	Prior Authorization/Non-Formulary- Diabetic Meters and Test Strips
Change Control	
10/2015	New Program
10/2016	Annual review with administrative changes
10/2017	Annual review. State mandate reference language updated. Reference updated.
3/2018	Removed Contour Next from the criteria. Contour Next test strips and meters will be covered without criteria.
6/2018	Added criteria to allow coverage for FreeStyle Precision Neo blood glucose test strips for FreeStyle Libre Flash Glucose Monitoring system utilizers.
2/2019	Added criteria to allow coverage for Contour Next Link meters and test strips for MiniMed insulin pump utilizers. Added criteria for other test strips and meters which are typically excluded.
3/2020	Annual review. Updated references.
7/2020	Updated to allow Accu-Chek Guide test strips for Medtronic 780G insulin pump users.
9/2020	Add Oxford effective date, Oxford specific criteria retiring.
10/2020	Removed Accu-Chek from the criteria. Accu-Chek test strips and meters will be covered without criteria. Added Contour Next products

	as a step one option.
2/2021	Removed Lifescan from description of step one products since the step one products include both Lifescan OneTouch and Contour Next products.
7/2021	Updated OneTouch products to add Verio Flex and Verio Reflect, and remove Verio Sync.
2/2022	Added Florida, Maine, Tennessee and Texas mandate language.
3/2023	Removed products which are no longer available from product examples by manufacturer: Breeze 2, Contour Next USB, Accu-Chek Aviva Expert, Accu-Chek Compact Plus, Accu-Chek Nano. Removed criteria for MiniMed pump since these work with covered test strips. Removed Accu-Chek Combo Insulin Pump from criteria for Roche products since it is no longer available.
3/2024	Annual review. Updated references.
4/2025	Removed Accu-Chek Compact as this product is off the market. Removed section for Omnipod EROS/Classic insulin pump as this product is off the market. Updated OneTouch and Contour meters and test strips with available products.
8/2025	Updated preferred products to remove all Lifescan OneTouch products and add Contour Plus Blue.