

UnitedHealthcare Oxford Policy Update Bulletin Quick View: December 2025



A list of recently approved, revised, and/or retired Clinical and/or Administrative Policies is provided below for your reference. **For a comprehensive summary of the latest updates, refer to the [Policy Update Bulletin: December 2025](#).**

Take Note

Reminder: Oxford Health Plans to Use UnitedHealthcare Commercial Medical Policies

Effective **Jan. 1, 2026**, Oxford Health Plans will utilize the UnitedHealthcare Commercial Medical Policies and corresponding Medical Policy Update Bulletins at UHCprovider.com/policies > [For Commercial Plans > Medical & Drug Policies](#); we will no longer maintain an Oxford-specific Clinical Policy library. Unless otherwise announced, there will be no change to policy guidelines as a result of this consolidation.

The Oxford Administrative Policies and corresponding update bulletins will continue to be available for your reference at UHCprovider.com/policies > [For Commercial Plans > Oxford Administrative Policies](#).

Annual CPT/HCPCS Code Updates

Beginning **Jan. 1, 2026**, all applicable Medical and Administrative Policies will be updated to reflect the 2026 Current Procedural Terminology (CPT®) and Healthcare Common Procedure Coding System (HCPCS) code additions, revisions, and deletions. Refer to the following sources for information on the code updates:

- [American Medical Association: Current Procedural Terminology: CPT®](#)
- [Centers for Medicare & Medicaid Services: Healthcare Common Procedure Coding System \(HCPCS\) Quarterly Update](#)

Complete details on impacted policies and corresponding code edits will be provided in the January 2026 edition of the Medical Policy Update Bulletin and Oxford Administrative Policy Update Bulletin.

Clinical Policy Updates

Policy Title	Status	Effective Date
Apheresis	Updated	Dec. 1, 2025
Catheter Ablation for Atrial Fibrillation	Updated	Jan. 1, 2026
Electrical and Ultrasonic Bone Growth Stimulators	Revised	Feb. 1, 2026
Enteral Nutrition (Oral and Tube Feeding)	Revised	Jan. 1, 2026
FDA Cleared or Approved Companion Diagnostic Testing	Revised	Jan. 1, 2026
Gastrointestinal Disorders Diagnostic Procedures	Revised	Feb. 1, 2026
Interspinous Fusion and Decompression Devices	Updated	Dec. 1, 2025
Liposuction for Lipedema	Updated	Dec. 1, 2025
Minimally Invasive Procedures for the Treatment of Upper Gastrointestinal Diseases	Revised	Feb. 1, 2026
Neurophysiologic Testing and Monitoring	Updated	Jan. 1, 2026
Outpatient Cardiology Procedures for EviCore Arrangement (for Oxford Only)	Revised	Jan. 1, 2026
Outpatient Radiology Procedures for EviCore Arrangement (for Oxford Only)	Revised	Jan. 1, 2026

Policy Title	Status	Effective Date
Pharmacogenetic Panel Testing	Updated	Dec. 1, 2025
Preventive Care Services	Revised	Jan. 1, 2026
Remote Physiologic Monitoring (RPM)	New	Jan. 1, 2026
Sleep Studies	Revised	Jan. 1, 2026
Surgery of the Hip	Updated	Jan. 1, 2026
Total Artificial Disc Replacement for the Spine	Revised	Feb. 1, 2026
Vagus and External Trigeminal Nerve Stimulation	Updated	Dec. 1, 2025

Administrative Policy Updates

Policy Title	Status	Effective Date
Oxford's Outpatient Imaging Self-Referral Policy	Revised	Jan. 1, 2026
Wigs	Updated	Jan. 1, 2026

General Information

The inclusion of a health service (e.g., test, drug, device, or procedure) in this bulletin indicates only that UnitedHealthcare Oxford® is adopting a new policy and/or updated, revised, replaced, or retired an existing policy; it does not imply that UnitedHealthcare Oxford® provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

Note: The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare Oxford® reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare Oxford® respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Policy Update Bulletin was developed to share important information regarding changes to our UnitedHealthcare Oxford® Clinical and Administrative Policies. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare Oxford® follows such applicable federal and/or state law.

Policy Update Classifications

New

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device, or procedure)

Updated

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

Revised

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

Replaced

An existing policy has been replaced with a new or different policy

Retired

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UnitedHealthcare Oxford Clinical and Administrative Policies is available at UHCprovider.com/policies > For Commercial Plans > [UnitedHealthcare Oxford Clinical and Administrative Policies](#).