

# UnitedHealthcare Individual Exchange Medical Policy Update Bulletin Quick View: December 2025



A list of recently approved, revised, and/or retired Medical Policies and/or Medical Benefit Drug Policies is provided below for your reference. **For a comprehensive summary of the latest updates, refer to the [Medical Policy Update Bulletin: December 2025](#).**

## Take Note

### Annual CPT/HCPCS Code Updates

Beginning **Jan. 1, 2026**, all applicable Medical Policies and Medical Benefit Drug Policies will be updated to reflect the 2026 Current Procedural Terminology (CPT®) and Healthcare Common Procedure Coding System (HCPCS) code additions, revisions, and deletions. Refer to the following sources for information on the code updates:

- [American Medical Association: Current Procedural Terminology: CPT®](#)
- [Centers for Medicare & Medicaid Services: Healthcare Common Procedure Coding System \(HCPCS\) Quarterly Update](#)

Complete details on impacted policies and corresponding code edits will be provided in the January 2026 edition of the Medical Policy Update Bulletin.

## Medical Policy Updates

Policy Title	Status	Effective Date
Apheresis	Updated	Dec. 1, 2025
Catheter Ablation for Atrial Fibrillation	Updated	Jan. 1, 2026
Electrical and Ultrasonic Bone Growth Stimulators	Revised	Feb. 1, 2026
Enteral Nutrition (Oral and Tube Feeding)	Revised	Jan. 1, 2026
FDA Cleared or Approved Companion Diagnostic Testing	Revised	Jan. 1, 2026
Gastrointestinal Disorders Diagnostic Procedures	Revised	Feb. 1, 2026
Interspinous Fusion and Decompression Devices	Updated	Dec. 1, 2025
Liposuction for Lipedema	Updated	Dec. 1, 2025
Magnetic Resonance Imaging (MRI) and Computed Tomography (CT) Scan – Site of Service	Updated	Jan. 1, 2026
Minimally Invasive Procedures for the Treatment of Upper Gastrointestinal Diseases	Revised	Feb. 1, 2026
Neurophysiologic Testing and Monitoring	Updated	Jan. 1, 2026
Office-Based Procedures – Site of Service	Updated	Jan. 1, 2026
Outpatient Surgical Procedures – Site of Service	Updated	Jan. 1, 2026
Pharmacogenetic Panel Testing	Updated	Dec. 1, 2025
Preventive Care Services	Revised	Jan. 1, 2026
Remote Physiologic Monitoring (RPM)	New	Jan. 1, 2026
Screening Colonoscopy Procedures – Site of Service	Updated	Jan. 1, 2026
Sleep Studies	Revised	Jan. 1, 2026
Surgery of the Hip	Updated	Jan. 1, 2026

Policy Title	Status	Effective Date
Total Artificial Disc Replacement for the Spine	Revised	Feb. 1, 2026
Vagus and External Trigeminal Nerve Stimulation	Updated	Dec. 1, 2025

## Medical Benefit Drug Policy Updates

Policy Title	Status	Effective Date
Botulinum Toxins A and B	Revised	Jan. 1, 2026
Clotting Factors, Coagulant Blood Products, & Other Hemostatics	Updated	Jan. 1, 2026
Complement Inhibitors	Revised	Jan. 1, 2026
Denosumab	Revised	Jan. 1, 2026
Elevidys® (Delandistrogene Moxparovec-Rokl)	Revised	Jan. 1, 2026
Gamifant® (Emapalumab-Lzsg)	Revised	Jan. 1, 2026
Gene Therapies for Hemophilia B	Revised	Jan. 1, 2026
Immune Globulin (IVIG and SCIG)	Revised	Jan. 1, 2026
Luxturna® (Voretigene Neparovec-Rzyl)	Revised	Jan. 1, 2026
Maximum Dosage and Frequency	Revised	Jan. 1, 2026
Natalizumab (Tyruko® & Tysabri®)	Revised	Jan. 1, 2026
Oncology Medication Clinical Coverage	Revised	Jan. 1, 2026
Rebyota® (Fecal Microbiota, Live-Jslm)	Updated	Dec. 1, 2025
Rituximab (Riabni®, Rituxan®, Ruxience®, & Truxima®)	Revised	Jan. 1, 2026
Roctavian® (Valoctocogene Roxaparovec-Rvox)	Revised	Jan. 1, 2026
Spinraza® (Nusinersen)	Revised	Jan. 1, 2026
Testosterone Replacement or Supplementation Therapy	Revised	Jan. 1, 2026
Ustekinumab	Revised	Jan. 1, 2026
Vyjuvek® (Beramagene Geperpavec-Svdt)	Revised	Jan. 1, 2026

## General Information

The inclusion of a health service (e.g., test, drug, device, or procedure) in this bulletin indicates only that UnitedHealthcare is adopting a new policy and/or updated, revised, replaced, or retired an existing policy; it does not imply that UnitedHealthcare provides coverage for the health service. Note that most benefit plan documents exclude from benefit coverage health services identified as investigational or unproven/not medically necessary. Physicians and other health care professionals may not seek or collect payment from a member for services not covered by the applicable benefit plan unless first obtaining the member's written consent, acknowledging that the service is not covered by the benefit plan and that they will be billed directly for the service.

**Note:** The absence of a policy does not automatically indicate or imply coverage. As always, coverage for a health service must be determined in accordance with the member's benefit plan and any applicable federal or state regulatory requirements. Additionally, UnitedHealthcare reserves the right to review the clinical evidence supporting the safety and effectiveness of a medical technology prior to rendering a coverage determination.

UnitedHealthcare respects the expertise of the physicians, health care professionals, and their staff who participate in our network. Our goal is to support you and your patients in making the most informed decisions regarding the choice of quality and cost-effective care, and to support practice staff with a simple and predictable administrative experience. The Medical Policy Update Bulletin was developed to share important information regarding changes to our Medical Policies and Medical Benefit Drug Policies. When information in this bulletin conflicts with applicable state and/or federal law, UnitedHealthcare follows such applicable federal and/or state law.

## Policy Update Classifications

### *New*

New clinical coverage criteria have been adopted for a health service (e.g., test, drug, device, or procedure)

### *Updated*

An existing policy has been reviewed and changes have not been made to the clinical coverage criteria; however, items such as the clinical evidence, FDA information, and/or list(s) of applicable codes may have been updated

### *Revised*

An existing policy has been reviewed and revisions have been made to the clinical coverage criteria

### *Replaced*

An existing policy has been replaced with a new or different policy

### *Retired*

The health service(s) addressed in the policy are no longer being managed or are considered to be proven/medically necessary and are therefore not excluded as unproven/not medically necessary services, unless coverage guidelines or criteria are otherwise documented in another policy



The complete library of UnitedHealthcare Individual Exchange Medical Policies and Medical Benefit Drug Policies is available at [UHCprovider.com/policies](https://UHCprovider.com/policies) > For Individual Exchange Plans > [Medical & Drug Policies](#).