

# Breast Reduction Surgery (for Kentucky Only)

**Policy Number:** CS012KY.10  
**Effective Date:** June 1, 2025

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| Related Policies   |
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| • <a href="#">Breast Reconstruction (for Kentucky Only)</a>                  |
| • <a href="#">Cosmetic and Reconstructive Procedures (for Kentucky Only)</a> |
| • <a href="#">Gynecomastia Surgery (for Kentucky Only)</a>                   |

## Application

This Medical Policy only applies to the state of Kentucky.

## Coverage Rationale

**Breast reduction surgery is considered reconstructive and medically necessary in certain circumstances.** For medical necessity clinical coverage criteria, refer to the InterQual® CP: Procedures:

- Reduction Mammoplasty, Female
- Reduction Mammoplasty, Female (Adolescent)

[Click here to view the InterQual® criteria.](#)

**Note:** For reduction mammoplasty related to gynecomastia, refer to the Medical Policy titled [Gynecomastia Surgery \(for Kentucky Only\)](#).

## Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

| CPT Code | Description      |
|----------|------------------|
| 19318    | Breast reduction |

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| Diagnosis Code | Description                           |
|----------------|---------------------------------------|
| N62            | Hypertrophy of breast                 |
| N65.1          | Disproportion of reconstructed breast |

## Policy History/Revision Information

| Date       | Summary of Changes  |
|------------|---|
| 06/01/2025 | <p data-bbox="337 201 873 235"><b>Related Policies and Applicable Codes</b></p> <ul data-bbox="337 235 1433 298" style="list-style-type: none"><li data-bbox="337 235 1433 298">• Removed reference link to the Medical Policy titled <i>Panniculectomy and Body Contouring Procedures (for Kentucky Only)</i></li></ul> <p data-bbox="337 298 662 331"><b>Supporting Information</b></p> <ul data-bbox="337 331 927 363" style="list-style-type: none"><li data-bbox="337 331 927 363">• Archived previous policy version CS012KY.09</li></ul> |

## Instructions for Use

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state, or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state, or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state, or contractual requirements for benefit plan coverage govern. Before using this policy, please check the federal, state, or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare uses InterQual for the primary medical/surgical criteria, and the American Society of Addiction Medicine (ASAM) for substance use, in administering health benefits. If InterQual does not have applicable criteria, UnitedHealthcare may also use UnitedHealthcare Medical Policies, Coverage Determination Guidelines, or Utilization Review Guidelines that have been approved by the Kentucky Department for Medicaid Services. The UnitedHealthcare Medical Policies, Coverage Determination Guidelines, or Utilization Review Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.