

Breast Reduction Surgery (for Idaho Only)

Policy Number: CS012ID.C
Effective Date: April 1, 2026

[➔ Instructions for Use](#)

Table of Contents	Page
Application	1
Coverage Rationale	1
Medical Records Documentation Used for Reviews	1
Applicable Codes	1
Policy History/Revision Information	2
Instructions for Use	2

Related Policies
• Breast Reconstruction (for Idaho Only)
• Cosmetic and Reconstructive Procedures (for Idaho Only)
• Gynecomastia Surgery (for Idaho Only)
• Panniculectomy Surgery (for Idaho Only)

Application

This Medical Policy only applies to the state of Idaho, including Idaho Medicaid Plus plans.

Coverage Rationale

Breast reduction surgery is considered reconstructive and medically necessary in certain circumstances. For medical necessity clinical coverage criteria, refer to the InterQual® CP: Procedures, Reduction Mammoplasty, Female.

[Click here to view the InterQual® criteria.](#)

Note: For reduction mammoplasty related to gynecomastia, refer to the Medical Policy titled [Gynecomastia Surgery \(for Idaho Only\)](#).

Medical Records Documentation Used for Reviews

Benefit coverage for health services is determined by the federal, state, or contractual requirements, and applicable laws that may require coverage for a specific service. Medical records documentation may be required to assess whether the member meets the clinical criteria for coverage but does not guarantee coverage of the services requested.

The patient's medical record must contain documentation that fully supports the medical necessity for the requested services. This documentation includes, but is not limited to, relevant medical history, physical examination, and results of pertinent diagnostic tests or procedures. Documentation supporting the medical necessity should be legible, maintained in the patient's medical record, and must be made available upon request.

Applicable Codes

The following list(s) of procedure and/or diagnosis codes is provided for reference purposes only and may not be all inclusive. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

CPT Code	Description
19318	Breast reduction

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Diagnosis Code	Description
N62	Hypertrophy of breast
N65.1	Disproportion of reconstructed breast

Policy History/Revision Information

Date	Summary of Changes
05/01/2026	<p>Related Policies</p> <ul style="list-style-type: none"> Updated reference link to reflect the current policy title for <i>Panniculectomy Surgery (for Idaho Only)</i>
04/01/2026	<p>Medical Records Documentation Used for Reviews</p> <ul style="list-style-type: none"> Removed reference link to the guidelines titled <i>Medical Records Documentation Used for Reviews</i> Added language to indicate: <ul style="list-style-type: none"> The patient's medical record must contain documentation that fully supports the medical necessity for the requested services This documentation includes but is not limited to relevant medical history, physical examination, and results of pertinent diagnostic tests or procedures Documentation supporting the medical necessity should be legible, maintained in the patient's medical record, and must be made available upon request <p>Supporting Information</p> <ul style="list-style-type: none"> Archived previous policy version CS012ID.B

Instructions for Use

This Medical Policy provides assistance in interpreting UnitedHealthcare standard benefit plans. When deciding coverage, the federal, state or contractual requirements for benefit plan coverage must be referenced as the terms of the federal, state or contractual requirements for benefit plan coverage may differ from the standard benefit plan. In the event of a conflict, the federal, state or contractual requirements for benefit plan coverage govern. Before using this policy, check the federal, state or contractual requirements for benefit plan coverage. UnitedHealthcare reserves the right to modify its Policies and Guidelines as necessary. This Medical Policy is provided for informational purposes. It does not constitute medical advice.

UnitedHealthcare may also use tools developed by third parties, such as the InterQual® criteria, to assist us in administering health benefits. The UnitedHealthcare Medical Policies are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice.