DELFINA

Frequently Asked Questions: **Providers**

Delfina Care

Transforming Maternal Health Care for Clinicians

Delfina makes delivering care easier & more efficient and is now available at no cost for your practices and patients

UnitedHealthcare Community Plan of Texas has partnered with Delfina to catch pregnancy risks earlier and support more proactive care.

Delfina's AI-powered platform helps your team deliver more informed, connected care to pregnant UHC members - at no cost to you or your patients. Delfina's platform includes a patient app and provider dashboard to help patients stay on track with their care plan between visits.

Why Delfina?

- **Differentiate your practice:** Offer patients a personalized and connected care journey, including a secure app with reliable, trusted information, and access to Registered Dietitians, Mental Health Therapists, and Lactation Consultants.
- **Proactive care:** Our predictive analytics help you identify patients who could benefit from early interventions, as early as 12 weeks, to reduce the risk of complications like preeclampsia and gestational diabetes.
- **Closed-Loop Data Platform:** We augment your care, not replace it, and keep you in the loop. Delfina delivers actionable insights to you, facilitating more effective care management.

24 / 7 non-clinical, virtual support for your patients

Automatic data collection

Scores that help you decide when to intervene

Set workflows and clinical thresholds to reduce alert fatigue

To get started with Delfina Care, contact **Partner@delfina.com**

Visit **www.delfina.com** for more information

Frequently Asked Questions: **Providers**

HOW DOES IT WORK?

By signing up to Delfina Care system, you will be able to access Delfina's Provider Dashboard that helps you identify high-risk pregnancies early and manage them proactively:

- **Integrates with most EHRs** to deliver predictive insights directly to you
- **Automated workflows** to reduce manual burden through automation and help optimize care plans and timely intervention
- **Patient app** to deliver education, classes, tools, and support patient adherence
- **Connected remote monitoring** to ensure patients receive devices like blood pressure monitors or glucometers without burden to the clinic
- **Non-clinical coaching staff** to support patient adherence and reduces no-shows and call volume

WHAT DO PATIENTS GET?

Delfina Care is available at **no cost to all patients** to support them from pregnancy through one year postpartum:

- **Track pregnancy progress** and mood
- **Access a Delfina Doula** for non-clinical support
- **Join virtual classes** - like yoga, childbirth, breastfeeding, and postpartum support
- **Connect with** wrap-around support through Registered Dietitians, Mental Health Therapists, or Lactation Consultants
- **Earn Pod Points** for gift cards, baby gear, and more

HOW DOES DELFINA IMPROVE PATIENT ENGAGEMENT?

Patients stay motivated through support and incentives:

- **Non-clinical staff** provide education and adherence coaching
- **Pod Points** reward patients for following your prescribed care plans. Patients can use their points to get water bottles, diaper bags, or gift cards.

IS EHR INTEGRATION REQUIRED?

No. Delfina Care works with or without EHR integration.

Integration enhances predictive models and streamlines workflows. For example, by utilizing Delfina Clinical Workflows, providers can automate steps to help optimize care plans and guide timely intervention to patients.

DOES IT COST MY PRACTICE ANYTHING?

No. Delfina Care is covered by health plans.

HOW DO I GET DELFINA FOR MY PRACTICE?

Launching Delfina Care is simple and easy and we'll support your implementation end-to-end. Please reach out to partner@delfina.com to get started.

Delfina Enhances the Connections Between Providers and Patients

"We love Delfina because we can actively check how our patients are feeling and quickly address any problems or questions."

Dr. Norman Lamberty, A&A Women's Health

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